

The MAAP

**A Quarterly Newsletter for Families of
More Advanced Individuals with Autism, Asperger
Syndrome, and Pervasive Developmental Disorder/
Not Otherwise Specified**

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MAAP Services for Autism and Asperger Syndrome is a worldwide non-profit organization providing information, networking, referrals and printed materials for families, challenged individuals, and professionals concerned with the autism spectrum.

Founded in 1984, MAAP adheres to the basic principle that all individuals with autism spectrum challenges have the ability to learn, grow, and enjoy a good quality of life.

Blessed with Autism: A Parents' Guide to Securing Financial Support for the Treatment of Children with Autism and Special Needs

By Christina N. Peck, CPC with Georgette Van Vliet
Reviewed by Lara Blanchard, M.A., BCBA

Christina Peck has had experience in medical sales and medical billing. She is also a Certified Professional Coder (CPC). Because of this status, she has been successful in her quest to have health insurance companies pay for the therapies her children have needed. These therapies include: Speech therapy, Applied Behavior Analysis (ABA), Diet Counseling, Occupational Therapy (OT), Physical Therapy (PT), Social Skills groups, Durable Medical Equipment, Evaluations and Listening Programs. Christina has a daughter who was diagnosed with PDD-NOS and a son diagnosed with Hypotonia (low muscle tone) and speech delay. Christina has also founded the website www.blessedwithautism.com. Through this book and the website, Christina hopes to equip parents with the tools they need to provide the best therapy for their children without incurring the overwhelming out-of-pocket expenses. In this book, Christina writes about her family and the struggles with the insurance companies to have various treatments covered. Christina also includes an Insurance Workbook section where she guides you through the process of understanding your insurance coverage and getting various treatments covered. She also lists some of the CPT codes you need to know for various treatments. At the end of the book, Christina has included a section of sample invoices, claims and letters to send to the insurance company. This book is a wonderful resource for families struggling to get treatments covered by their insurance. I strongly encourage families to get a copy of this book. It is available at www.blessedwithautism.com.